

SRI LAKSHMI NARASIMHA SWAMY COLLEGE, BHONGIR

BEST PRACTICES – 2019-20

No.1.

TITLE OF THE PRACTICE:

FUND RAISING PROGRAM FOR NATIONAL FOUNDATION FOR COMMUNAL HARMONY.

OBJECTIVE OF THE PRACTICE:

- To spread the message of Communal Harmony National Integration
- Utilize the funds received to enhance the resources of the Foundation

THE CONTEXT: In response to the letter received by NFCH, our college NCC unit organized a rally in connection with Flag Day of Communal Harmony Campaign Week on 25-11-2020.

THE PRACTICE:

Around 30 NCC cadets participated in the rally and raised funds of Rs.13,660/- and the same was transferred to their respective A/C. No. 10569548047 on 07-12-2020.

EVIDENCE OF SUCCESS:

Personal intervention of NCC cadets in the rally spreaded the message of peace, communal harmony and National Integration.

No.2.

TITLE OF THE PRACTICE:

MEDITATION PROGRAM BY HEARTFULNESS ORGANIZATION

OBJECTIVE OF THE PRACTICE:

Heartfulness Meditation is the process of welcoming your Spirit into every cell of your body. This is achieved by turning the mind inward to the Heart Chakra and connecting with the Divine source within us.

Goals are set by the individuals. It is up to us what we set, and what we want to achieve through whatever we do. In this material world, approaching or treading on the divine path, it is up to each one of us.

If we want peace of mind, we set our goal so that we feel peace all the time – i.e. our goal. Heartfulness Meditation drives towards achieving a goal.

It is a best practice for the teaching staff and students to concentrate upon their duties and responsibilities and thereby realizing the actual growth.

THE CONTEXT: Learn to Meditate

THE PRACTICE:

Heartfulness Meditation programme was conducted in the college for the benefit of teachers. Preceptor Bro. Chary has trained the staff on the process of meditation and explained the benefits around the globe.

EVIDENCE OF SUCCESS:

In this programme 40 staff members were participated for 3 days and received identity cards from the Organization.